## ATIONAL ONLINE RECORD ATTEMPT - ARDHA CHANDRASANA FOR 150 SECONDS

## In Association with

NOBEL WORLD RECORDS PVT. LTD (Approved by: Government of India) - ISO Certificate Company 9001:2015

Organized by



## TAMILNADU YOGA FEDERATION

(Affiliated to Indian Association of Yoga for AII (IAYFA)

FACULTY OF YOGA SCIENCES AND



(Deemed to be University), Chennai - 600078

On the eve of 8th International Day of Yoga - 2022

**CERTIFICATE OF PARTICIPATION** 



This is to certify that **DR.R.MALATHI RAVINDRAN** of **NALLAMUTHU GOUNDER MAHALINGAM COLLEGE** attended the "International Online Record Attempt - Ardha chandrasana for 150 Seconds", in association with Nobel World Record Pvt. Ltd., organized by Tamilnadu Yoga Federation (Affiliated to IAYFA) and Faculty of Yoga Sciences and Therapy, Meenakshi Academy of Higher Education and Research (Deemed to be University), Chennai on 15th May 2022.

Prof.Dr.R.Elangovan **Professor and Head** FYST - MAHER

Ms. Víjavakumari J Ph.D Scholar (Yoga) **FYST-MAHER** 

Ph.D Scholar (Yoga) **FYST-MAHER** 

Mr. Aravind Lakshminarayanan CEO, Nobel World Record Pvt.Ltd **General Secretary of TNYF**